



## **International Yoga Day 2025**

### **Two Days International Multidisciplinary Conference**

**“Harmonizing Inner Space, Cultivating Outer Earth: Yoga, Frontier Science for Regenerative Sustainable Development”**

**Mind Power University Bhimtal Nainital India**

**International Council for Education, Research and Training**

**June 21-22, 2025**

Warm Greetings!

Mind Power University Bhimtal Nainital India, in collaboration with International Council for Education, Research and Training (ICERT), India & USA, are organizing Two Days International Multidisciplinary Conference on "Harmonizing Inner Space, Cultivating Outer Earth: Yoga, Frontier Science for Regenerative Sustainable Development" on June 21-22, 2025 at Mind Power University Bhimtal Nainital, India in blended/ hybrid mode.

#### **About the University**

Mind Power University is the one of the largest, most diverse university in Nainital, Uttarakhand. The university is deeply committed to fostering the future by empowering minds and nurturing talent. Our mission extends beyond academic excellence; we are dedicated to uplifting the local economy, promoting education, and boosting tourism. By actively engaging with the community, we aim to create a symbiotic relationship that values and includes all stakeholders, making everyone feel part of a larger mission. Here, students gain knowledge and develop a deeper understanding of the world around them. With state-of-the-art facilities and a faculty dedicated to nurturing creativity and critical thinking, we prepare our students to become visionary leaders in their respective fields. Our commitment to student well-being is unwavering, with a range of support services and a safe, inclusive campus environment. Join us at Mind Power University, where education transcends boundaries and transforms lives. Embrace the beauty of nature as you embark on a journey of discovery and self-realization. Together, let's unlock the infinite potential of the human mind and shape a brighter tomorrow for generations to come. At Mind Power University, education is about gaining knowledge and using that knowledge to positively impact the



**Conference Venue: Mind Power University Bhimtal Nainital India & Zoom (Online)**

**Registration Link: <https://forms.gle/5C7zjSmk9Bq9GC5L7>**



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world. Our admission process is designed to be inclusive and transparent, ensuring that every student has the opportunity to join our community.

### **About the conference: Objectives & Sub-Themes**

The conference will provide the ideal opportunity to meet academics, practitioners, and experts in education, research, leadership, social sciences, humanities, management, science, art, culture, inclusive education, environmental education, engineering, law, health and public policy, to share their experience and projects to receive quality feedback.

Professional, academicians, scholars, researchers, psychologists, special educators, practitioners, and Postgraduate/ Graduate students are invited to submit their abstracts to be considered for presentation at the Conference. Speakers and presenters will share new concepts, best practices, knowledge, experience, theories, and solutions, with a focus on promoting learning, professional development, education, and inspiration among professionals and academics in their respective fields.

The conference focuses on (but is not limited to) all areas of theoretical and empirical research in the following fields:

Arts, Culture, Humanities, Science, Law, Management, Social Sciences, Technology, Health, Engineering, Mass Media, Journalism, School Education, Higher Education, Banking, Economics, Languages, Commerce, etc. A few sub-themes are given below, but not limited to:

#### **I. Sciences:**

- Neuroscience of Inner Harmony and Pro-Environmental Behavior
- Quantum Biology and Interconnectedness
- Environmental Science and Yoga's Ecological Footprint
- Biomimicry Inspired by Yogic Principles
- Regenerative Biology and Yoga's Impact on Cellular Health
- Sustainable Materials and Design for Yoga Equipment
- Virtual and Augmented Reality for Immersive Nature-Connected Yoga Experiences
- Sensor Technologies for Monitoring Physiological Responses in Yoga and Environmental Exposure
- Data Analytics for Understanding the Impact of Yoga on Sustainable Behaviors

#### **II. Engineering & Technology:**

- AI and Personalized Yoga for Sustainable Well-being

#### **III. Commerce & Management:**

- The Circular Economy and the Yoga Industry



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- Ethical and Sustainable Supply Chains in the Yoga Market
- Marketing and Communication for Sustainable Yoga Lifestyles
- Social Entrepreneurship and Yoga for Community-Based Sustainability Initiatives
- Financial Models for Sustainable Yoga Businesses and Eco-Retreats

**IV. Law:**

- Environmental Law and the Rights of Nature: A Yogic Perspective
- Policy and Regulation for Sustainable Yoga Practices and Businesses
- Human Rights, Well-being, and Environmental Justice: The Role of Yoga
- Intellectual Property Rights and Traditional Yoga Knowledge for Sustainability

**V. Health Sciences:**

- Yoga Therapy for Climate Anxiety and Eco-Grief
- The Gut-Brain Axis, Yoga, and Environmental Health
- Yoga and the Prevention of Environmentally-Related Diseases
- Mindfulness-Based Interventions (MBIs) Rooted in Yoga for Promoting Sustainable Health Behaviors

- Integrative Medicine Approaches Combining Yoga and Environmental Therapies

**VI. Physical Education & Sports:**

- Mindful Movement and Sustainable Performance in Sports
- Nature-Based Physical Activities and Yoga for Environmental Stewardship
- Biomechanics of Yoga and Sustainable Movement Patterns
- The Role of Physical Education in Cultivating Environmentally Conscious Movers:
- Adaptive Yoga and Access to Nature for Diverse Populations

**VII. Arts & Humanities:**

- Yoga Philosophy and Ecological Ethics
- The Representation of Nature in Yoga Texts and Art
- Yoga as a Form of Embodied Environmental Activism
- The Role of Storytelling and Mythology in Connecting Yoga and Environmental Awareness
- Artistic Expressions of the Symbiotic Self: Yoga, Nature, and Technology

**VIII. Social Sciences:**



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- The Sociology of Yoga Communities and Sustainable Lifestyles
- Psychological Factors Linking Yoga Practice and Pro-Environmental Attitudes
- Anthropological Perspectives on Embodiment, Yoga, and Human-Nature Relationships
- Political Ecology of Well-being: The Role of Yoga in Environmental Justice Movements
- Communication and Social Marketing for Promoting Yoga and Sustainable Behaviors

**IX. Sustainable Development:**

- Yoga and the Sustainable Development Goals (SDGs): Synergies and Pathways
- Community-Based Yoga Initiatives for Local Sustainability
- The Economics of Well-being and Sustainable Consumption: A Yoga-Informed Approach
- Policy Frameworks Integrating Yoga and Sustainability
- Measuring the Impact of Yoga on Environmental Attitudes and Behaviors

**X. Heritage Education:**

- The Historical and Cultural Roots of Yoga's Connection to Nature

- Preserving Traditional Knowledge of Yoga and Environmental Harmony
- Integrating Yoga and Heritage Education for Environmental Awareness
- The Role of Sacred Spaces and Nature in Yoga's Heritage

**XI. Education:**

- Integrating Yoga and Mindfulness into Environmental Education Curricula
- Teacher Training for Sustainable and Holistic Yoga Education
- Experiential Learning through Yoga and Nature-Based Activities
- The Impact of Yoga on Children's Environmental Attitudes and Behaviors
- Promoting Sustainable Well-being in Educational Settings through Yoga

**XII. Tourism & Hospitality:**

- Sustainable and Mindful Yoga Retreats and Eco-Tourism
- The Role of Yoga in Enhancing Well-being and Connection to Place in Tourism
- Green Certifications and Sustainable Practices for Yoga Studios and Retreat Centers



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- Community-Based Tourism Initiatives Integrating Yoga and Local Ecology
- The Impact of Yoga Tourism on Environmental Awareness and Conservation

**Any other relevant topics related to the main theme or disciplines mentioned above, and UN SDGs.**

Only original and previously unpublished work on a range of topics related to the conference theme will be accepted.

**Call for Research Papers:** Well researched papers on the theme/ sub-themes of the conference are invited from academicians, research scholars, students, professionals from different institutions. Abstracts of individual paper presentation proposals should be in about 300-500 words, in doc/word format. The participants should include in the abstract, details as to the title, name of author(s), University/Institution, and keywords.

A proceeding book of the conference including all abstracts (all presenters) with ISBN, papers presented during the conference, a print copy to physically present candidates, and soft copy to all, will be provided to all research presenters.

**Best Paper Presentation Award:** A Certificate of Best Paper Presentation, Best paper presentation award, will be awarded to two best presenters from each technical session.

**Paper Publication:** Authors who will present their research papers in the conference will be eligible to send their research paper (same as presented or different) for publication in following Journals:

**ICERT International Multidisciplinary Journals**, peer reviewed academic/ scholarly, open access journals with DOI. To know more about the journal, please visit [www.icert.org.in](http://www.icert.org.in). Accepted papers will be published in forthcoming issue of the following journals:

**1. Shodh Sari-An International Multidisciplinary Journal**

An International scholarly/ academic journal, peer-reviewed/ refereed journal, ISSN : 2959-1376

**2. Edumania-An International Multidisciplinary Journal**

An International scholarly/ academic journal, peer-reviewed/ refereed journal, ISSN : 2960-0006

**Submission Guidelines:**





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- Full length papers should not exceed 8000 words don't add endnotes or footnotes.
- For English Full paper: It should be typed in Microsoft Word. The font should be "Times New Roman" with "12" size for matter, 16 size in bold for title, 14 size in bold for main headings & 12 size in bold for sub-headings, having line spacing of 1.5 inch and one-inch custom margin on all sides & A4 Size Paper.
- For Hindi Full paper: It should be typed in Microsoft Word in "Unicode" with font size 14 for content, 16 bold for title & 14 bold for headings, having line spacing of 1.5 inch and one-inch custom margin on all sides.
- A Uniform Style for Citation should be strictly adhered to while submitting full length papers.
- All in-text citations must be hyperlinked with the references (cross-reference). Use the word reference tab for cross-referencing and hyperlinking. We also recommend you use Mendeley or other referencing tools.
- Submit a brief profile of the author on the Word file/ doc file, which should not exceed more than one page, and try to keep it as brief as possible.
- Each article must be submitted with an impact statement of not more than 150 words.
- References/ bibliography must be serialized as 1, 2, .....
- Provide write your ORCID, google scholar, academia, or other identifiers if you have one in your profile.
- Must check grammar under the review tab of MS Word
- You could read more [Submission Guidelines | ICERT](#)

You could read more about the journal here [Edumania | ICERT](#)

**Awards (International Felicitation)**

**Ekalavya Award 2025**



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Applications are invited from professionals, academicians, health professionals-teaching faculty, industry professionals-trainer/ leaders, and social reformers/ educationist for the prestigious international award **"Ekalavya Award 2025"**, for their excellence in education, innovations in academics, research, social welfare, and youth empowerment, will also be presented by the ICERT to recognize prominent personalities for their respected achievements & contribution in their respective fields and society as per the category and the eligibility.

**ICERT "Ekalavya Award"** is a commemoration and homage to the great Indian learner and warrior Ekalavya, who is well known for his great desire to learn and sacrifice to his Guru. ICERT Ekalavya Award is recognition & felicitation to the dignitary who is an apt example of a true disciple, an ideal learner or a social reformer.

**Eligibility Criteria:**

1. The application must have the minimum 30 yrs. age
2. The applicant must have demonstrated keen learning attitude, and achievements in life.
3. Applicants must have adequate experience in education, industry, social welfare or other discipline, and have positively contributed towards youth empowerment.
4. Must mention your social contribution and achievement in the profile before uploading in registration form.
5. Your profile must consist of
  - (i) Your full name as per your academic/ government approved identity document, and DOB.
  - (ii) Current work affiliation and job title, and contact info.
  - (iii) Educational qualification including degree, courses etc., with dates, and institution names,
  - (iv) Current and past employment with institution name, dates, and title
  - (v) Award citation and honours if any
  - (vi) Research experience with journal name and ISSN number with volume and issue number
  - (vii) Social welfare activities with evidences, social profile links/ identifiers, etc.



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Award nomination is not a matter of award recognition claim, all nominations will be screened by the Award Screening Committee, the committee decision will be final and selected members will be informed via ICERT email: [awards@icert.org.in](mailto:awards@icert.org.in)

**Conference Fee:**

Only participation Fee is \$10 USD/ Rs. 700

Participation & Paper Presentation Fee is \$15 USD/Rs. 1500 (Rs. 500 for each co-author, co-author need not to register separately, mention the detail of the co-author in registration form)

Participation, Paper Presentation and Publication fee is Rs. 2500 for publication in ICERT International Multidisciplinary Journals.

Award nomination & Processing fee is \$30 USD/Rs. 3000

A fee of \$40 USD/Rs. 4000 for conference participation, research paper presentation and award nomination. (For one author, 500 additional fee for each co-author)

A fee of Rs. 4000 for research paper presentation, publication and award nomination. (For one author, 500 additional fee for each co-author)

**Fee for ICERT members is \$30 USD/Rs. 3000 including conference participation, paper presentation, and award nomination. There is no publication fee for ICERT Members.**

A soft copy and printed copy of the conference participation, and a presentation certificate will be provided to the participants, as per category.

A soft and hard copy of the Award Certificate, Printed & Framed Award Certificate will be provided to each awardee.

**Date of conference: June 21-22, 2025**

**Time: 11:00 am to 3:00 pm (Indian Standard Time)**

**Kindly note that the last date of the following:**

Last date of registration: June 15, 2025

Last date of submission of abstract: June 15, 2025

Last date of Award Application: June 15, 2025

Full Paper Submission: June 30, 2025

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Send abstract and full paper at: [conferences@icert.org.in](mailto:conferences@icert.org.in)

Early submissions are greatly appreciated

Click on below link for registration: <https://forms.gle/5C7zjSmk9Bq9GC5L7>

**Conference Committee**

**Chief Guest(s)**

Dr Balraj Dhanda, Managing Director, NIILM University Kaithal Haryana

Dr Sandeep Chahal, Director, NIILM University Kaithal Haryana

**Chief Patron**

Dr Yogesh Kumar Yadav, Chancellor, Mind Power University Bhimtal Nainital India

Prof. Dr. M. Amr Sadik, Adjunct HR and Strategy Management Professor, IPE  
Management School – Paris

Prof. (Dr) Aruna Anchal, Director & Head, Research and Publication Division ICERT,  
Dean Department of Education, Baba Mastnath University Rohtak Haryana

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Mr. Hirdesh Kumar Yadav, Registrar, Mind Power University Bhimtal Nainital India

Mr. Uday Pratap Singh, Director, Mind Power University Bhimtal Nainital India

**Convener**

Dr. P.K. Dhasmana, Pro-Vice Chancellor, Mind Power University Bhimtal Nainital India

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**Organizing Secretary**

Dr. Sandeep Kumar, Secretary, International Council for Education Research and Training (ICERT)

**Coordinator**

Mr. KD Singh, Director Communication, Mind Power University Bhimtal Nainital India

Mr. Suresh Kumar Yadav, Dean Academic Affairs, Mind Power University Bhimtal Nainital India

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Mr. Vimal Kishore, Mind Power University Bhimtal Nainital India



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Ms. Kalpna Arya, Mind Power University Bhimtal Nainital India

Dr. Sonika Nagpal, Assistant Professor, Department of Commerce, PGDAV College  
(Evening) University of Delhi, Nehru Nagar, New Delhi

Dr Mohd Gauhar, Mind Power University Bhimtal Nainital India

Ms. Pooja Thakur, Mind Power University Bhimtal Nainital India

Ms. Prachi Pandey, Mind Power University Bhimtal Nainital India

Mr. Nagendra P.S. Bisht, Mind Power University Bhimtal Nainital India

**Conference Contact & What's app Helpline**

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E-mail: [conferences@icert.org.in](mailto:conferences@icert.org.in)

[www.icert.org.in](http://www.icert.org.in)

**Sightseeing at Bhimtal and Nainital**

Bhimtal is a town near Nainital city in Nainital district in the state of Uttarakhand, India.

Folk Culture Museum Bhimtal

Paragliding Bhimtal

Nal Damyanti Tal Bhimtal

Eco Cave Gardens Nainital

Naukuchiatal Bhimtal

Naina Devi Temple Nainital

Victoria Dam Bhimtal

Naini Lake Nainital

Bhimtal Island Aquarium Bhimtal

Mall Road Nainital

Butterfly Research Centre Bhimtal

Dorothy Seat & Tiffin Top Nainital

Bhimtal Lake Bhimtal

G.B. Pant High Altitude Zoo or Nainital Zoo